

CSS Gratitude

The following invocation was created from submissions by students of the College of St. Scholastica. On occasion, to create a flow and sense of consistency, words may have been slightly altered, added, or omitted. The raw data can be used to create multiple different iterations. This is but one version....

I am grateful for the nature that surrounds us and the gift of clean air that it provides.

I am grateful for lakes and rivers and moving bodies of water. The water calms me and washes me, soothing my everyday worries, cleansing me.

I give thanks to the desert's hot sand and the beautiful mountains. The hot sand reminds me of home and childhood memories. The mountains make me feel like I can achieve anything.

I am grateful for the trees. For the oxygen that give me life, their new beauty in the spring, the cooling shade in the summer and the colors in the fall.

I am grateful for the presence of the trees. The trees sustain me gifting me clean air to breathe and a place to rest underneath. I flourish in the presence of the beauty of the trees as they help remind me of the awe that I feel surrounded by the beauty of the natural world.

I am thankful for the peace and exhilaration that nature brings. I feel grateful for the beauty that calms me, the expansiveness that reminds me of the insignificance of my worries.

I am grateful for the birds, the trees, all bodies of water. Sitting in the middle of the woods while listening to the sounds of birds and splashing of water on rock makes me feel grounded. Like I'm connected with the earth.

I am grateful for the small stream and the serene sounds of the gently flowing waters. The sound and beauty put my soul and mind at ease.

I am grateful for the rivers of Jay Cooke and for the natural terrain shaped over millions of years. They fill me with awe and makes me feel connected to the earth. It's peaceful, I am alone with my thoughts and there is a sense of belonging.

I am grateful for the trees and the birds, the setting sun, and the water. I am grateful for these gifts because they give me life; they renew me.

I am grateful for the beautiful waterfalls and the ones hidden in small untouched areas. I feel a sense of flow and wonder at such natural beauty. It has made me curious of all the living things that need water to survive and how the water moves and reflects the sun.

I am grateful for oceans, lakes, rivers, and streams. Being near the water makes me feel at peace.

I am grateful for nature and the sense of freedom and happiness it provides.

I am grateful for all the critters around me as their special beauty and uniqueness nourishes my wonder.

I am grateful for Lake Superior. For her awesome views and the reminder that there is always something unseen.

I am grateful for water. For the beauty of water bodies. For the refreshing, life giving nourishment water gives our bodies, and all life on Earth.

I am grateful for the breathtakingly beautiful color, sounds, and smells of the outdoors. I am thankful for the refreshing gift of humility, the sense that I am not the center of the world that I actually mean very little, in our self-centered world.

I am grateful for the expansive depths of the seas, skies, and mountains. They humble me. Their greatness and beauty allows me to appreciate my smallness within the love and power of the world.

I am grateful for the rain. Light drizzle, heavy downpour, sun showers, thunderstorms. The rain humbles me.

I am grateful for the diversity of all life. The chickadees on winter days to the beetles in the summer. We are who we are, because of the natural world. Without it, I don't even know who or where I'd be.

I give thanks to now having food whenever I need it and nature all around me. They have restored my health giving me a sense of peace that was absent.

For these we give thanks!